

July 2022

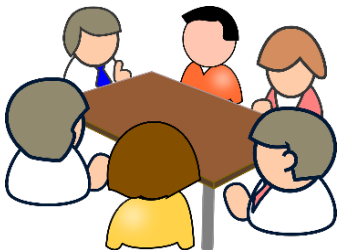


Important Dates & Information



- **CHANGE TO MEMBERSHIP FEES** ~ The annual Membership Fee will be £12 per member for 2022-2023, £6 for Associates. Group fees remain the same.
- **GROUP LEADERS MEETING** ~ Thursday 14 July, Glastonbury Town Hall, 10am
- **ENROLMENT DAY** ~ Thursday 11 August, Glastonbury Town Hall, 10.30-12.00
- **START DATE for GROUPS** ~ Week 1 starts Monday 19th September

From the Committee



As we look forward to the start of a new year of u3a activities, we welcome 3 new members onto our committee. Linda Wilson joined us earlier in the year and has taken on the role of Group Coordinator. At the AGM Sue Thurgood agreed to become our Chair and Malcolm Allen agreed to be Vice Chair. Both posts for one year. We still have 2 vacancies on the committee, one is for Events Organiser. If you feel you can help please contact any committee member.

From the Chair



Hello, I am Sue Thurgood the new Chair for the next year. A bit about myself - my husband and I moved from Surrey to Glastonbury in the Sixties. Joe was a rep. in the toy trade and covered the South West area. I was trained as a nurse but spent 25 years working as welfare and administration at St Dunstan's School. After my husband's death I was a Councillor on Glastonbury Town Council and I continued to support young people while in that role. I look forward to playing my part with our hard working committee – helping to drive our U3A forward now Covid is slowly moving behind us. Someone recently remarked to me “You don't advertise do you?” That set me thinking. One of the best adverts is word of mouth telling your friends how much you enjoy what you do, and what's on offer. I hope you all have a restorative summer, wherever you go, and whatever you do. I look forward to meeting you at our Enrolment day and looking forward to an interesting programme in the autumn.

From the Editor



We are looking forward in this issue to the start of a new year from September. With this Newsletter is our Group Programme for 2022-2023, and we encourage members to contact the Group Leader to register interest in your chosen groups. Our Enrolment Day, 11 August, will give you the opportunity to talk to Group Leaders and sign up. Please, only sign up if you are serious about joining the Group, or let the GL know in good time if you change your mind.

From the Treasurer



As you know the AGM voted to raise the membership fee to £12 from September 2022. Group fees will remain the same. As our bank now charge us a monthly fee, £5, plus a charge for each cheque and cash paid in, we urge members to use online banking for the Membership fee. Our website has the membership form plus payment details. For Group payments cash is preferred, allowing the Group Leader to either pay online, or submit just one cheque on behalf of the group.

Membership



With this issue of the newsletter you will receive a copy of the Street and Glastonbury u3a Membership renewal form. Membership will start in September 2022 and will expire in August 2023. You will also find a Gift Aid form which you can use if you are a tax payer. With Gift Aid our u3a can claim back from the Inland Revenue 25% of your membership fee at no cost to you.

If using the paper renewal form, please remember to send it to me before the Group Enrolment Day, 11 August. This will save you time waiting to renew your membership on Enrolment Day, and will greatly reduce the work I need to do on that day. Remember from previous years, the queue can be very long!

Our **online Membership form** is at: <https://streetu3a.org/membership22.html> . You can pay by bank transfer if you have setup online banking with your bank (we DO NOT take money from your bank). **Bank transfers are free for the u3a and you.**

Confirmation of your membership number will be by email. If enrolling by post you can request your membership number to be sent to you by post by enclosing a self-addressed, stamped envelope with your membership form. Please fully complete the form as clearly as possible and check it is correct before posting it to me at the address noted on the form. If forms are sent to me that are incomplete, illegible, return envelopes that do not have the correct postage, missing cheques or are unsigned, your membership may be delayed. Problems like this cause extra time-consuming work. Your help by avoiding these problems will be much appreciated.

Group News



Over the summer months 15 groups have continued, so thanks to leaders and members attending for keeping things going. With over 30 groups already scheduled for September and quite a few more pending, there will, as usual, be an excellent selection of activities to choose from. Of course there's always room for more! If you have any ideas for running a group please get in touch with your proposals to be considered by the committee. As reported in the previous newsletters numbers attending groups were generally down, however now that restrictions have been more or less removed expectations are high for bumper enrolment.

A few changes to group titles should be noted; *'Quilting for All'* will be called *'A Stitch in Time'* as a variety of sewing is included, *'French Beginners'* will change to *'Improvers'* and *'Improvers'* will change to *'Intermediate'* to reflect more accurately the level of French required, and *'Music Jamming'* will become *'Music Making'*. A new *'Ukulele for Beginners'* group will begin in September. The Group leaders meeting will be held on 14th July 2022 in the Small Hall, Glastonbury Town Hall at 10.00am. Let's hope we can all get together without interruption throughout 2022/3 and enjoy all that our u3a has to offer.

Information about a few of the Groups:

A Stitch in Time (previously Quilting): A social group for all abilities. Machine and/or handwork. Bring projects of your own choice; quilts, bags, dolls etc. to sew, help and learn together in a friendly environment. DF

Line Dancing: The Line Dancing group has been coming along famously. A few fell by the wayside, but those that have stuck it out are doing great. Numbers have been down this year, but I think that most groups have suffered the same, however, come September after a nice restful summer; we shall be raring to get back to dancing again. Look forward to hearing from anyone keen to start, but please do let me know if you change your mind. ER



Whist: We meet on Thursday afternoons (Week 1) at Lime Close Community Centre in Street. We don't take anything too seriously and enjoy each other's company for the time we are together. You don't need to have played Whist before to join our Group so if you have never played Whist don't worry. You can pay £1 for a trial session and pay the remainder of the term's fee when you decide to join. If you have any questions before the new term starts please come along to Enrolment Day on 11 August and have a chat. HH

Book Club: Each month we come together to share our opinions of one chosen book. As you might imagine, it is a rare if not unheard of occurrence that these opinions are unanimous and that is very often what makes for an interesting and enjoyable discussion.

For the first session of the new U3A year we will be taking a look at 2021 Booker winner *Shuggie Bain* by Douglas Stuart. Our reading list beyond that has not yet been decided upon. I will aim to publish details of at least the next one or two titles on our website and circulate to members by late-August, giving people enough time to obtain their own copies. The ideal size of the group for a lively discussion is around 12. If you would like more information please contact me. JH

Reading Shakespeare: We read a play over the six sessions of a U3A term. Last year the group read *Troilus & Cressida* and *Romeo & Juliet*, two sets of “star crossed lovers”. This time around we have chosen *All's Well That Ends Well*; often referred to as a problem play, it is a comedy written mid-career with a story line borrowed from the Decameron. We expect to continue with our well-established format of watching 20-30 mins of a BBC production of our chosen play on DVD followed by reading and discussing the same scenes. Members need to have their own copy of the play, preferably with line numbering. The group will be limited to 12 and we do currently have spare places. If you are interested to join us please contact me. JH

Tai Chi: When we start a new T'ai Chi class a question I often ask is 'Why do you want to do T'ai Chi and what do you want from it?' Some people know of its benefits, others usually retort with 'I've seen it on the telly or my friend said it's good.' Truth is there isn't a right or wrong answer, it's many things to many people. Some love the peace it brings, some the exercise and health benefits. Tackle those balance and breathing issues, maybe address



that stiff joint or back. We will address these and any other issues you may wish to raise. T'ai Chi is an art form where there is always more to learn, however, the benefits may be felt from the very first movement. We practice the 'Lee Family Style', a style that is thousands of years old. Try us, we're a friendly group. SC

French Conversation: French Conversation is for those with a reasonable level of fluency. We are a friendly group who enjoy describing our hobbies, outings, holidays etc in French, even if our grammar is not perfect. We also use *Rendezvous*, a magazine for adult learners, and listen to the cd as well. It is all good fun and we have room for one or two more members. JL

Latin Group A: We have had an excellent year and we are now well into Book II of the course. Although last September we began in our usual venue, for various reasons we are now meeting in a private house. We are just about at maximum for space and anyone who might want to join us would have to be able to keep up with the present class. They have worked hard to get where they are. If you are interested, come along to Enrolment Day and talk to me there. (Photo: Visit to Roman Fort in Caerleon). PT



Local History Group: Our friendly group has been meeting on Friday mornings in The URC Hall on Glastonbury High Street. We invite an interesting speaker each fortnight and sometimes show relevant films on matters of local historical interest. Last year topics included talks on *Somerset trade Unions*, *Local Old Railways*, *The Bristol Channel Islands*, *The Story of The Tribunal and The Glastonbury Museums* as well as an exploration of *The Dark Ages and Arthurian Myth*. Next term we plan to see a film on the history of *Windmill Hill*, our famous local social housing estate, explore the demise of *Abbott Whiting* and the *Dissolution of The Abbey*, discuss the *Glastonbury Zodiac* is it myth or real? There is space for discussion and to compare notes and refreshments are provided. CG



Yoga: Maybe you did yoga years ago, maybe you fancy giving it a try, or maybe you have already been part of our U3A yoga group. Wherever you fit you are very welcome to come along and benefit from our **weekly** sessions which involve taking this "time out" to exercise gently, develop strength and flexibility, improve breathing and hopefully gain a sense of calm. There is absolutely no competition, each individual works to his/her own level. All sessions have a similar format of settling, warming up, classic yoga positions, breathing practices and final relaxation. If you have any questions please email me. I look forward to meeting you when classes restart in September. UD



Music Making (previously Music Jamming): 'Music Making' more accurately represents what we actually do. In essence we are an acoustic group using a variety of stringed, woodwind and keyboard instruments. We play a wide variety of music, suggested by members, including folk and popular music from across the ages. Members will need to be able to download music from our website. TM

Ukulele Band: The band is a thriving 30 plus group of people. There is a reasonable level of competent playing throughout the group. We sing and play all types of familiar songs and have a lot of fun in the process. If you are interested in joining you must have a ukulele, a music stand and be prepared to download our comprehensive songbook from our website. WH

Ukulele for Beginners: This new group will be starting in September. The Ukulele is a fun and very versatile instrument that is not too difficult to learn. On Enrolment day we will have ukuleles there for you to have a look at, and we can give you advice on what equipment you will need and have a chat and answer any questions. RG



British History: Following on from the Tudors, this time we will be looking at the Stuarts, from 1603 to 1714. WW

Chinese Brush Painting: The Chinese Brush Painting Group held an exhibition of their work at St John's Church for a week at the end of April. We had over 70 pictures on view from only 9 members and received many compliments and interest in the group. So much so, that three people have expressed an interest in joining the group in September. Three members of the group had only started over the past year so it was good to see how they joined in and produced some really excellent work. JB

Some of the paintings from the exhibition:



Useful Weblinks (Click the website name)

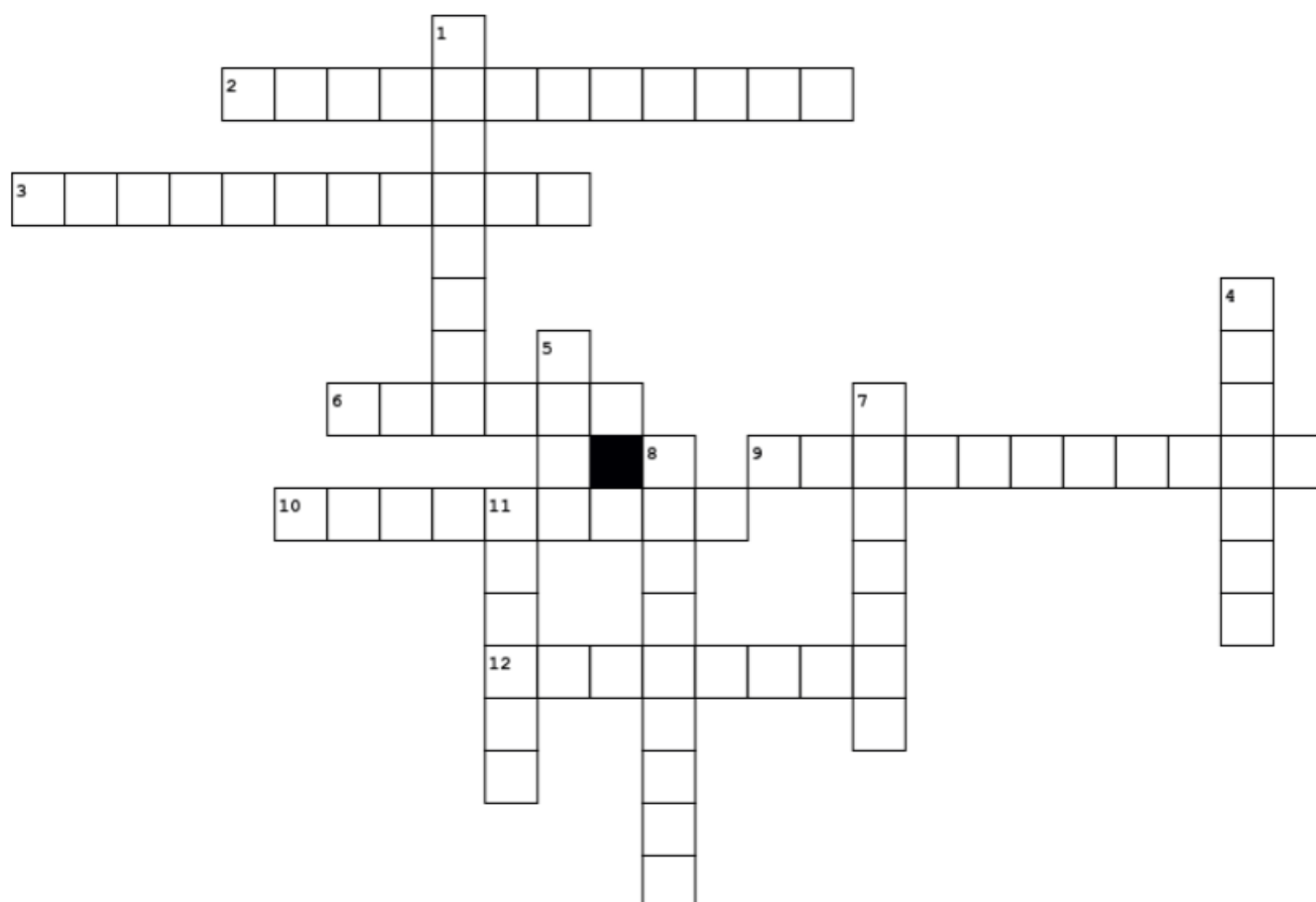
~ [S&G U3A Website](#)

~ [S&G U3A Facebook](#)

~ [U3A Head Office](#)

~ [U3A Head Office YouTube Radio Podcasts](#)

u3a crossword July 2022



Across










2. where yoga is held
3. our most popular club
6. our 30 anniversary party was held in this village hall
9. our Christmas lunch is held here
10. when our year starts
12. this is published in March July ...

Down

1. where the 2022 AGM was held
4. one of our music groups
5. used for AGM in 2020
7. Third Age ...
8. when the walkers go out
11. there is a vacancy for this role

S&G u3a Committee Members

For general information email: info@streetu3a.org

Chair	Sue Thurgood		chair@streetu3a.org
Vice Chair	Malcolm Allen		vicechair@streetu3a.org
Secretary	Martin Kennard		secretary@streetu3a.org
Treasurer	Gill Donkin		treasurer@streetu3a.org
Membership Secretary	Paul Vernoum		members@streetu3a.org
Venues Booking Manager	Cynthia Rayes		venues@streetu3a.org
Group Coordinator	Linda Wilson		groups@streetu3a.org
Newsletter / Web Manager	Andy Pickford		info@streetu3a.org
Publicity	Malcolm Allen		publicity@streetu3a.org
Event's Organiser	Vacancy		events@streetu3a.org